

TOP 3 reasons to get your flu vaccine

1 Prevents influenza-related death.

Each year over 36,000 people in the U.S. die because of the flu—most are 65 or older. More people die from flu than from any other vaccine-preventable disease.

2 Prevents severe illness.

Influenza puts about 114,000 people in the hospital each year in the U.S. Children younger than 2 years old are as likely to be hospitalized as adults who are 65 or older.

3 Protects other people.

You should get vaccinated if you live with or care for others who are at high risk of complications from the flu. Getting a flu vaccination yourself can help protect your family members, including seniors and young children.



Department of Health and Human Services
Centers for Disease Control and Prevention



For more information, ask your healthcare provider or call the Healthy Mothers, Healthy Babies Hotline **1-800-322-2588**
Or visit www.doh.wa.gov/cfh/immunize

